



THE IMPACT OF WORKING WITH TRAUMA

Practitioners have increasingly recognised that working with individuals and families experiencing trauma impacts upon them personally, as well as upon the team and organisation with which they work. Such impact can be vast and far-reaching, especially if not addressed appropriately or in good time.

This one-day workshop is designed for all professionals who either work directly with individuals and families experiencing trauma, or support other professionals to do so. It will help attendees recognise the signs of secondary trauma and other potential impact issues, gain an understanding of the dynamics of such phenomena and how these express themselves on a personal, interpersonal and organisational level, plus identify and implement strategies and interventions to help address the impact in a constructive and practical manner.

By the end of the workshop, attendees will have gained an understanding in the following areas and be able to identify how they might apply this in their day-to-day lives:

- Client groups & trauma experiences
- Precipitating factors
- Signs and symptoms – individuals, teams and organisations
- Conscious and unconscious processes and how such phenomena interact
- Strategies to help individuals and teams address impact
- Staff and support mechanisms
- Short and long-term benefits

The day will consist of tutor input, small and large group discussions and experiential exercises, which will encourage and facilitate a rich learning experience for all present.