



THERAPEUTIC WORK WITH CHILDREN AND YOUNG PEOPLE USING PLAY AND THE CREATIVE ARTS

This one-day workshop is designed for practitioners from a variety of settings, such as health, social services, voluntary sector, youth offending teams and probation, who work with children and young people. The aim of the workshop is to introduce participants to various skills in working therapeutically with children and young people through the use of play and creative arts techniques.

By the end of the workshop attendees will have gained an understanding of the following therapeutic skills and issues needed to undertake this form of work:

- How to create appropriate boundaries and contracts with children and young people
- How to engage children and young people in therapeutic work
- Explore how attendees can use therapeutic techniques in assessments of children and young people.
- Enhance attendee's skills in helping children and young people make sense of their past experiences.
- Help attendees experience different ways of working with children and young people through the use of play and the creative arts.

The day will consist of tutor input, experiential exercises, group discussions, handouts and role-play.